



Packing Guide for the 2023 March for Life

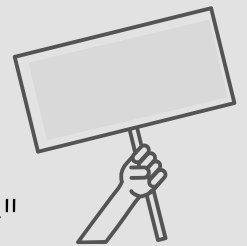
- Warm & layered clothing - prepare for snow or rain!
 - hat, gloves, & scarf
 - wool socks
 - good walking shoes or boots (*waterproof*)
 - under armor/long johns/fleece-lined leggings
 - waterproof jacket



- Rain poncho or umbrella
- Water bottle
- Snacks to have handy (*there won't be an opportunity to purchase food all day*)



- Battery pack & phone charging cord (*lithium-ion batteries lose their charge quickly when temps fall below freezing*)
- Waterproof backpack or plastic bag to cover belongings in case of rain or snow
- Homemade sign with a positive, thoughtful message such as "love them both," or "our salvation began with an unplanned pregnancy"



For more info & full schedule, visit oclife.org/march